

DEVELOPMENT STREAM



U7-U19

- ❖ **DEVELOPMENT U7-U9**
- ❖ **COMPETITIVE U10-U19**

COCHRANE WOLVES FC

PROGRAM GUIDE

INDOOR 2025

OCTOBER 14, 2025 – MARCH 7, 2026

DEVELOPMENT U7-U9

Development Stream

PROGRAM OUTLINE

Our U7-U9 Quality Development Program offers a fun, engaging environment, prioritizing individual skill and a love for soccer. Aligned with Canada Soccer, we maximize ball touches via creative drills and small-sided games. Certified coaches foster positive, age-appropriate learning, building fundamental techniques, physical literacy, teamwork, and confidence for every child's success and joy.

PROGRAM DELIVERY

- ❑ *The Development Program will have an Assigned Technical Lead.*
- ❑ *Development Teams will have a dedicated Parent Coach.*
- ❑ *The Program will have a designated practice per week, a Small-Sided Game-Day and a weekly Match-Day.*
- ❑ *Match-Days for the Program will be played every Saturday at the SLS Centre.*
- ❑ *Girls and Boys will be rostered separately if numbers allow.*

Criteria	U7	U8	U9
Ages/Birth Year	▪ 2019	▪ 2018	▪ 2017
Program Location	▪ SLS CENTRE	▪ SLS CENTRE	▪ SLS CENTRE
Practices	▪ 2 Practices Per Week	▪ 2 Practices Per Week	▪ 2 Practices Per Week
Practice Days/times	▪ Mon & Weds 5-5:55pm OR Tuesday & Thurs 5-5:55pm	▪ Mon & Weds 5-5:55pm OR Tuesday & Thurs 5-5:55pm	▪ Mon & Weds 5-5:55pm OR Tuesday & Thurs 5-5:55pm
Game Day	▪ Saturday AM	▪ Saturday AM	▪ Saturday AM
Kit/Uniform (Free)	▪ Tim Hortons Training Kit: Jersey, Shorts + Socks	▪ Tim Hortons Training Kit: Jersey, Shorts + Socks	▪ Tim Hortons Training Kit: Jersey, Shorts + Socks
Game Format	▪ 5v5 Half-Field (4 +GK)	▪ 5v5 Half-Field (4 +GK)	▪ 5v5 Half-Field (4 +GK)
Program Format	▪ Mon/Tue: Regular Training ▪ Wed/Thurs: SSGs ▪ Saturday: 5v5 Game	▪ Mon/Tue: Regular Training ▪ Wed/Thurs: SSGs ▪ Saturday: 5v5 Game	▪ Mon/Tue: Regular Training ▪ Wed/Thurs: SSGs ▪ Saturday: 5v5 Game
Practice Duration	▪ 55 Minutes	▪ 55 Minutes	▪ 55 Minutes
Program Dates	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1
Early Bird Pricing July 15-31	▪ Season Pass: \$500 ▪ Block 1: \$300 ▪ Block 2 \$300	▪ Season Pass: \$500 ▪ Block 1: \$300 ▪ Block 2 \$300	▪ Season Pass: \$500 ▪ Block 1: \$300 ▪ Block 2 \$300
August 1-31 Pricing	▪ Season Pass: \$550 ▪ Block 1: \$350 ▪ Block 2 \$350	▪ Season Pass: \$550 ▪ Block 1: \$325 ▪ Block 2 \$325	▪ Season Pass: \$550 ▪ Block 1: \$325 ▪ Block 2 \$325
September 1 Pricing	▪ Season Pass: \$600 ▪ Block 1: \$375 ▪ Block 2 \$375	▪ Season Pass: \$600 ▪ Block 1: \$375 ▪ Block 2 \$375	▪ Season Pass: \$600 ▪ Block 1: \$375 ▪ Block 2 \$375
Parent Support Fee	▪ \$75/Registration	▪ \$75/Registration	▪ \$75/Registration



COCHRANE WOLVES FC

COMPETITIVE U10-U19

Development Stream

PROGRAM OUTLINE

For players aiming to compete at the Tier 2 or 3 level, this program provides a competitive environment where the social aspects of being part of a team are highly valued. Here, enjoying the game with teammates is as important as the competition itself.

PROGRAM DELIVERY

- ☐ Each Team will have a Head Coach, Assistant and Team Manager.
- ☐ Head Coaches will either have their NCCP Training or C-Diploma.
- ☐ Teams will have a set practice schedule with two practices per week at the SLS Centre.
- ☐ Teams will be formed based on age and gender. Ex. Boys U10.
- ☐ Teams will play 1 Game Per Week in the Calgary League.
- ☐ 7v7 Games will be played in Calgary Indoor Domes.
- ☐ Players will purchase and keep their Game Jerseys.
 - ☐ New jerseys will be purchased by the family when required.
 - ☐ Size and Number will be selected at Registration.

Criteria	U10-U12	U13-U14	U15+
Ages/Birth Year	▪ 2016 to 2014	▪ 2012 to 2013	▪ 2011+
Practice Locations	▪ SLS CENTRE	▪ SLS CENTRE	▪ SLS CENTRE
Practices	▪ 2 Practices Per Week	▪ 2 Practices Per Week	▪ 2 Practices Per Week
Practice Days/times	▪ Tuesday & Fridays ▪ Time TBC	▪ Tuesday & Thursdays ▪ Time TBC	▪ Tuesday & Thursdays ▪ Time TBC
Game Locations	▪ Calgary	▪ Calgary	▪ Calgary
Kit/Uniform	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks ▪ \$100 Jersey Fee: Home & Away Jerseys (To Keep)	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks ▪ \$100 Jersey Fee: Home & Away Jerseys (To Keep)	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks ▪ \$100 Jersey Fee: Home & Away Jerseys (To Keep)
Game Format	▪ 7v7	▪ 7v7	▪ 7v7
Practice Format	▪ 75% Practice 25% Game	▪ 75% Practice 25% Game	▪ 75% Practice 25% Game
Practice Duration	▪ 1 Hour	▪ 1 Hour	▪ 1 Hour
Program Dates	▪ October 14 to March 1	▪ October 14 to March 1	▪ October 14 to March 1
Early Bird Pricing July 15-31	▪ Season: \$900	▪ Season: \$900	▪ Season: \$900
August 1-30 Pricing	▪ Season: \$975	▪ Season: \$975	▪ Season: \$975
September 1 Pricing	▪ Season: \$1,000	▪ Season: \$1,050	▪ Season: \$1,050
Parent Support Fee	▪ \$100/Registration	▪ \$100/Registration	▪ \$100/Registration



COCHRANE WOLVES FC



COMPETITIVE TIMELINES & TEAM FORMATION

OUTLINE

When forming teams we will consider the age, skill-level and mindset of the players, as well as gather input from parents on their desired tier level for their child. Our goal is to enter teams into divisions that consider the level of player and parent wishes to ensure a positive experience for both the player and parent.

ASSESSMENT TIMELINES

- There are no player assessments or evaluations for this level of play. Our Club philosophy is to develop every child within the program and provide opportunities for all players to play competitively if they wish.
- Our Competitive Teams will play at the Tier 2 or 3 Level.
- When selecting the Tier for the Indoor Season we will consider historical data, performance and results in our most recent season and prior knowledge of the players registered in the program.

DEADLINES

Team Entry

- October 1, 2025 is our deadline to enter teams into the league. We will register teams based on the registrations we have by September 15.

Roster Deadline

- There is a minimum roster number of 10 players per team. We will submit our initial rosters on October 10.

Late Registrations

- If there is space on a roster, players can register late and join the team.

