

COMMUNITY STREAM



U4-U19

- ❖ **MINI-WOLVES U4-U6**
- ❖ **COMMUNITY SKILLS U7-U9**
- ❖ **RECREATIONAL U13-U19**

COCHRANE WOLVES FC

PROGRAM GUIDE

INDOOR 2025

OCTOBER 14, 2025 – MARCH 7, 2026

MINI WOLVES U4-U6

Community Stream

PROGRAM OUTLINE

Our Mini Wolves Programs are designed to provide a FUN introduction to the sport where children can learn at their own pace and play with friends. We aim to provide a positive environment that fosters a love of the sport.

PROGRAM DELIVERY

- ❑ *Mini-Wolves players will be rostered by age group and gender, if numbers allow.*
- ❑ *Each Mini-Wolves Group ('team') will have 1-2 parent coaches.*
- ❑ *Sessions will include 3-4 activities/games that are themed around 1 topic/skill per week.*

Criteria	U4	U5	U6
Ages/Birth Year	▪ 2022	▪ 2021	2020
Practice Locations	▪ SLS CENTRE	▪ SLS CENTRE	▪ SLS CENTRE
Program Options	1-2 SESSIONS PER WEEK	1-2 SESSIONS PER WEEK	1-2 SESSIONS PER WEEK
Practice Days/times	▪ Monday 5-5:45pm AND/OR ▪ Saturday 8-8:45am	▪ Monday 5-5:45pm AND/OR ▪ Saturday 8-8:45am	▪ Monday 5-5:45pm AND/OR ▪ Saturday 8-8:45am
Kit/Uniform (Free)	▪ Tim Hortons Uniform: Jersey, Shorts, Socks	▪ Tim Hortons Uniform: Jersey, Shorts, Socks	▪ Tim Hortons Uniform: Jersey, Shorts, Socks
Game Format	▪ 3v3	▪ 3v3	▪ 3v3 + GK
Practice Format	▪ 60% Practice 40% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 4. 3v3 Game	▪ 60% Practice 40% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 4. 3v3 Game	▪ 60% Practice 40% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 4. 3v3 Game
Practice Duration	▪ 45 Minutes	▪ 45 Minutes	▪ 45 Minutes
Program Dates	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1
Early Bird Pricing July 15-31	▪ Season Pass: \$250-350 ▪ Block 1: \$150-\$225 ▪ Block 2 \$150-\$225	▪ Season Pass: \$250-350 ▪ Block 1: \$150-\$225 ▪ Block 2 \$150-\$225	▪ Season Pass: \$250-350 ▪ Block 1: \$150-\$225 ▪ Block 2 \$150-\$225
August 1-31 Pricing	▪ Season Pass: \$275-375 ▪ Block 1: \$175-\$250 ▪ Block 2 \$175-\$250	▪ Season Pass: \$275-375 ▪ Block 1: \$175-\$250 ▪ Block 2 \$175-\$250	▪ Season Pass: \$275-375 ▪ Block 1: \$175-\$250 ▪ Block 2 \$175-\$250
September 1 Pricing	▪ Season Pass: \$300-\$400 ▪ Block 1: \$200-\$275 ▪ Block 2 \$200-\$275	▪ Season Pass: \$300-\$400 ▪ Block 1: \$200-\$275 ▪ Block 2 \$200-\$275	▪ Season Pass: \$300-\$400 ▪ Block 1: \$200-\$275 ▪ Block 2 \$200-\$275
Parent Support Fee	▪ \$50/Player	▪ \$50/Player	▪ \$50/Player



COCHRANE WOLVES FC

COMMUNITY SKILLS U7-U12

Community Stream

PROGRAM OUTLINE

Our Community Skills program provides an opportunity for players of all abilities to participate in a fun, safe, inclusive and accessible program no matter their experience or level. The program is designed for players seeking a FUN environment.

PROGRAM DELIVERY

- ❑ *Players will be rostered by Age and Gender.*
- ❑ *All Community 'Teams' will have 1-2 Parent Coaches.*
- ❑ *The program will provide 1 Practice + 1 Game Per Week.*
- ❑ *Game-Days will take place on Thursdays.*

Criteria	U7, U8 & U9	U10, U11 & U12
Ages/Birth Year	▪ 2017 + 2018 + 2019	▪ 2014 + 2015 + 2016
Practice Locations	▪ SLS CENTRE	▪ SLS CENTRE
Program	▪ 1 Practice Per Week ▪ 1 Game Per Week	▪ 1 Practice Per Week ▪ 1 Game Per Week
Program Days/times	▪ Tuesday & Thursday 5-5:55pm	▪ Tuesday & Thursday 5-5:55pm
Kit/Uniform (Free)	▪ Tim Hortons Uniform: Jersey, Shorts, Socks	▪ Tim Hortons Uniform: Jersey, Shorts, Socks
Game Format	▪ 5v5 (4 + GK)	▪ 5v5 (4 + GK)
Practice Format	▪ 50% Practice 50% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 Activity 4. Small Sided Game	▪ 50% Practice 50% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 Activity 4. Small Sided Game
Practice Duration	▪ 55 Minutes	▪ 55 Minutes
Program Dates	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1	▪ Full Season: Oct 14 to Mar 1 ▪ Block 1: Oct 14 to Dec 8 ▪ Block 2: Jan 5 to March 1
July 15-31 Early Bird Pricing	▪ Season Pass: \$450 ▪ Block 1: \$275 ▪ Block 2 \$275	▪ Season Pass: \$450 ▪ Block 1: \$275 ▪ Block 2 \$275
August 1-31 Pricing	▪ Season Pass: \$475 ▪ Block 1: \$300 ▪ Block 2 \$300	▪ Season Pass: \$475 ▪ Block 1: \$300 ▪ Block 2 \$300
September 1 Pricing	▪ Season Pass: \$500 ▪ Block 1: \$300 ▪ Block 2 \$300	▪ Season Pass: \$500 ▪ Block 1: \$300 ▪ Block 2 \$300
Parent Support Fee	▪ \$50/Player	▪ \$50/Player



COCHRANE WOLVES FC

RECREATIONAL U13-U19

Community Stream

PROGRAM OUTLINE

Our recreational program is the perfect place for players seeking a fun, positive, and low-pressure team experience led by enthusiastic parent coaches.

PROGRAM DELIVERY

- ❑ *We will have separate teams for boys and girls.*
- ❑ *Our Recreational Teams will have a Parent Head Coach, Assistant and Team Manager.*
- ❑ *Teams will have a set practice day and time at the SLS Centre.*
- ❑ *Games will be played against Calgary Clubs at one of Calgary's Indoor Domed Facilities.*
- ❑ *League Games will commence on October 19.*

Criteria	U13-U14	U15-U16	U17-U18
Ages/Birth Year	▪ 2012 + 2013	▪ 2010 + 2011	▪ 2008 + 2009
Practice Locations	▪ SLS CENTRE	▪ SLS CENTRE	▪ SLS CENTRE
Practices	▪ 1 Practice Per Week	▪ 1 Practice Per Week	▪ 1 Practice Per Week
Practice Days/times	▪ Tuesdays ▪ Time TBC	▪ Tuesdays ▪ Time TBC	▪ Tuesdays ▪ Time TBC
Game Locations	▪ Calgary	▪ Calgary	▪ Calgary
Practice Kit	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks ▪ \$100 Jersey Fee: Home & Away Jerseys (To Keep)	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks	▪ \$55 Macron Training Kit: Jersey, Shorts + Socks
Game Format	▪ 7v7	▪ 7v7	▪ 7v7
Practice Format	▪ 50% Practice 50% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 Activity 4. Small Sided Game	▪ 50% Practice 50% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 Activity 4. Small Sided Game	▪ 50% Practice 50% Game 1. Physical Literacy 2. Ball-Mastery 3. 1v1 Activity 4. Small Sided Game
Practice Duration	▪ 1 Hour	▪ 1 Hour	▪ 1 Hour
Program Dates	▪ October 14 to March 1	▪ October 14 to March 1	▪ October 14 to March 1
Early Bird Pricing July 15-31	▪ Season: \$600	▪ Season: \$600	▪ Season: \$600
August 1-31 Pricing	▪ Season: \$650	▪ Season: \$650	▪ Season: \$650
September 1 Pricing	▪ Season: \$700	▪ Season: \$700	▪ Season: \$700
Parent Support Fee	▪ \$100/Player	▪ \$100/Player	▪ \$100/Player



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