



2023-24

INDOOR SEASON
PROGRAM GUIDE



SKILL-CENTRE PROGRAM | FEMALE ONLY



Under 8-10 PROGRAM

Regular Skills-Program

Ages: 7,8,9,10

Born: 2013,2014, 2015, 2016

Location: SLS Indoor Turf

Kit: Macron Kit \$45

Block 1: October 16 to December 17

Program Days: Monday, Wednesday, Saturday

Program Options: 2, or 3 Days

Weekday Time: 6-7PM

Weekend Time: 9:15AM-10:15AM

Cost: \$250-\$300

Block 2: January 2 to March 17

Program Days: Monday, Wednesday, Saturday

Program Options: 2, or 3 Days

Weekday Time: 6-7PM

Weekend Time: 9:15AM-10:15AM

Under 10-13 PROGRAM

In-House League Play | 7v7

Ages: 10,11,12,13

Born: 2010, 2011, 2012, 2013

Location: SLS Indoor Turf

Kit: Macron Kit \$45

Block 1: October 16 to December 17

Program Days: Monday, Wednesday, Saturday

Program Options: 2, or 3 Days

Weekday Time: 6-7PM

Weekend Time: 10:15-11:15am | 11:15am-12:15pm | 12:15-1:15pm

Cost: \$350

Block 2: January 2 to March 17

Program Days: Monday, Wednesday, Saturday

Program Options: 2, or 3 Days

Weekday Time: 6-7PM

Weekend Time: 10:20AM-11:20AM

OUTLINE

- *This Indoor we will offer Girls/Female only skill-centre programming.*
- *Our skill-centre sessions focus on 4-corner development: social, physical, technical and tactical development. Each week-day session will have two game-based stations and two ball-mastery activities designed to improve the technical competencies of the player in a fun environment.*
- *Players will initially be grouped by age.*
- *Our U8-U10 Game-Days will be held on Saturdays and will include a variety of game formats. Our U10-U13 Game-Days will be on Saturdays and will focus on 7v7 game-formats.*
- *All coaches delivering our programming are Canada Soccer Licensed.*
- *The goals of the program are to provide a fun, inclusive, learning environment for every child.*

REGISTRATION

- *Registration goes live on Monday July 24, 2023*
- *Our Early Bird Pricing for the Indoor Season will run from July 24 to September 1.*
- *Registration options will include individual block OR Seasonal Registration.*
- *Each time-slot will have limited capacity.*
- *If you have any questions, please email scottansell@cochranewolvesfc.ca*



SKILL-CENTRE PROGRAM



Under 8-9 PROGRAM Regular Skills-Program

Genders: Male & Female (Mixed)
Ages: 7,8,9,10
Born: 2013,2014, 2015, 2016
Location: SLS Indoor Turf
Kit: Macron Kit \$45

Block 1: October 16 to December 17

Program Days: Tuesday, Thursday, Saturday
Program Options: 2, or 3 Days
Weekday Time: 5-6PM
Weekend Time: 9:15AM-10:15AM
Cost: \$250-\$300

Block 2: January 2 to March 17

Program Days: Monday, Wednesday, Saturday
Program Options: 2, or 3 Days
Weekday Time: 5-6PM
Weekend Time: 9:15AM-10:15AM

Under 10-13 PROGRAM In-House League Play | 7v7

Genders: Male & Female (Mixed)
Ages: 10,11,12,13
Born: 2010, 2011, 2012, 2013
Location: SLS Indoor Turf
Kit: Macron Kit \$45

Block 1: October 16 to December 17

Program Days: Tuesday, Thursday, Saturday
Program Options: 3 Days
Weekday Time: 6-7PM
Weekend Time: 10:15-11:15am | 11:15am-12:15pm |
12:15-1:15pm
Cost: \$350

Block 2: January 2 to March 17

Program Days: Monday, Wednesday, Saturday
Program Options: 2, or 3 Days
Weekday Time: 6-7PM
Weekend Time: 10:15-11:15am | 11:15am-12:15pm |
12:15-1:15pm

OUTLINE

- *Our skill-centre sessions focus on 4-corner development: social, physical, technical and tactical development. Each week-day session will have two game-based stations and two ball-mastery activities designed to improve the technical competencies of the player in a fun environment.*
- *Players will initially be grouped based on age.*
- *Our U8-U10 Game-Days will be held on Saturdays and will include a variety of game formats.*
- *Our U10-U13 ages will participate in our first In-House League.*
- *All coaches delivering our programming are Canada Soccer Licensed.*
- *The goals of the program are to provide a fun, inclusive, learning environment for every child.*

REGISTRATION

- *Registration goes live on Monday July 24, 2023*
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PARENT SUPPORT ROLES



COACHING POSITIONS

Club Coach | Grassroots & Skill-Centre Programs | All coaching costs reimbursed

50% Fee Credit

- ✓ Parent provides Police Check | Completed within past 6 months.
- ✓ Parent completes relevant Canada Soccer Community Course.
- ✓ Parent commits to and delivers 1 session per week in alignment with Club programming plan.

TEAM RELATED POSITIONS

Team Coach | Skill-Centre League and Competitive Team | All coaching costs reimbursed

50% Fee Credit

- ✓ Parent provides Police Check | Completed within past 6 months.
- ✓ Parent completes relevant Canada Soccer Community Course, including practical component.
- ✓ Parent is present at 1 practice per week, and leads the team at League Games.
- ✓ Parent adheres to long-term-player development principles, focusing on the development of each player vs the outcome (score) of matches.

Team Manager | Competitive Team | All manager costs reimbursed

50% Fee Credit

- ✓ Parent provides Police Check | Completed within past 6 months.
- ✓ Parent is responsible for providing clear, communication with designated team.
- ✓ Parent is responsible for liaising with Team Coach, and Program Coordinator.
- ✓ Parent ensures all CMSA protocols are followed.
- ✓ Parent is responsible for coordinating tournaments with team coach, and players.

ADDITIONAL POSITIONS

Equipment Move Support | All programs

Volunteer Fee reimbursement

- ✓ Parent provides support on equipment moving days.

Marketing & Digital Support | All programs

Volunteer Fee reimbursement | Individualized reimbursement options

- ✓ Parent provides support in the area of their specialty.

Event Lead or Support | All programs

Volunteer Fee reimbursement | Individualized reimbursement options

- ✓ We are seeking parents who have a passion for running or supporting Club events that can provide a memorable experience for our wolves!

Fundraising & Other | All programs

Volunteer Fee reimbursement | Individualized reimbursement options

- ✓ We invite any parents who have experience in fundraising OR any other area of expertise and are interested in helping the Club, to reach out.



QUESTIONS



CONTACT

If you have any questions regarding programming, registration information, queries around scheduling, please email scottansell@cochranewolvesfc.ca

If you have any questions regarding registration/technical difficulties, kid-sport, jumpstart, or general funding queries please email info@cochranewolvesfc.ca